

BABY TEST INSTRUCTIONS

- The Baby Test will still include the 500 standard test as well as the baby list.
- **Where baby is breast fed;** take a hair or saliva sample from BOTH Mum and Baby.
- **Where baby is breast fed ONLY;** still take both samples as the foods tested can be used when starting baby on solids.
- Put hair/saliva samples into the same zip top bag. This way we will be covering everything the baby will encounter.
- Mum may gain some benefit as well. However given the hormonal situation during breastfeeding Mum's body is more devoted to the baby's wellbeing.
- **Where baby is NOT breastfed;** take baby's hair/saliva only.