

List subject to change

WOOLWORTHS PRODUCTS

1. Bread Homebrand white sandwich
2. Bread Homebrand Wholemeal Sandwich
3. Garlic-infused olive oil cobram
4. Cottee's Thick n rich chocolate topping
5. DORITOS BBQ Meatlovers
6. Double D sugar free fruit jellies
7. Dr Bronners shaving soap
8. Ferrero Rocher (Plain)
9. Free from Gluten Cheese rings
10. Free from gluten salt & Vinegar chips
11. Free from gluten Double Choc Biscuits
12. Freedom Crafted Blends Cranberry & Buckwheat cereal
13. Freedom Crafted Blends Blueberry Granola
14. Freedom Classic Rice Puffs Cereal
15. Go Natural yoghurt almond apricot nut delight GF
16. Golden Days GF Paleo Bar almond biscotti
17. Golden days GF Paleo Bar epic cacao
18. Golden Days GF Paleo Bar lemon & coconut tart
19. Gullon No Sugaradded Breakfast Biscuits
20. Kellogg's LCMs
21. Latina Fresh Gluten Free Lasagne Sheets
22. Latina Gluten Free Tagliatelle
23. Leda Arrowroot Biscuits
24. Macro org Corn Chips spicy barbeque
25. Macro Organic Apple Puree
26. Macro Organic Passata
27. Macro Snack Bite Almonds goldenberries quinoa
28. Macro Snack Bite apricots almondsquinoa
29. Macro Snack Bite cashews cranberries amaranth
30. Maggie Beer Duck & Orange Pate
31. Masterfoods Lemon Butter
32. M&P Calendula
33. M&P Comfrey
34. ABC spread Melrose
35. NATURAL Natural Wraps (green)
36. Natural Chip Co Salt & Vinegar
37. Natural Chip Co Honey Soy Chicken
38. Normandie Pate Chicken & Black Peppercorns
39. Old Time Bakery WHOLESOME GF WRAPS
40. Orgran Gluten Free Breadcrumbs Premium Panko
41. Orgran Buckwheat Crispbread
42. Orgran Quinoa Crispbread
43. Orgran Buckwheat Spirals
44. Pandaroo Condensed CoconutMilk
45. Pure Bred GF Banana Bread
46. Select Carrot Cake Loaf
47. SELECT GF PopcornButter
48. Tasmanian Pate Smoked Salmon & Orange Brandy Pate

COLES PRODUCTS

1. A. Vogel Bambu fruit/Grain Coffee
2. Akta-Vite Original Choc. Drink
3. Anitas Sweet potato + Taro crisps
4. Arkadia Chai Tea Spice
5. Atkins ChocolateChip Crisp Bar
6. Atkins HazelnutCrisp
7. Cacao Tree Milk Chocolate
8. Cacao Tree Milk Protein Enriched chocolate
9. Celebrate health Chicken Org Stock
10. Celebrate Health Lentils Moroccan
11. Celebrate HealthOrg Quinoa Bean Veg Minis.
12. Celebrate Health Tomato Sauce
13. Coconut water (All)
14. Coconut yoghurtNudie vanilla
15. Coconut YoghurtNO UDDER
16. Coles ABC Spread
17. Coles ChickenSalt
18. Coles Creamy Pumpkin Soup
19. Coles every day SPF
20. Coles Fine Grit Bourghul
21. Coles GF Beef Stroganoff Sauce
22. Coles GF 6 Berry Delight Bars
23. Coles GF Ancient Grain Chips
24. Coles GF AnzacBiscuits
25. Coles GF BasilicoSauce
26. Coles GF Mixed Root VegetableChips
27. Coles I'M Free From pasta (All)
28. Coles Original Corn Chips
29. Coles Original Flavourstacked chips
30. Coles Quinoa porridge
31. Coles Simply GF Spirals take out
32. Coles Sweet Potato soup
33. Country Life GF Dairy free Multigrain
34. Fodmapped Slow Roasted Veges pasta sauce
35. Fodmapped Butter Chicken curry sauce
36. Fodmapped Chickenstock
37. Fodmapped Green Curry
38. Freelicious corn Couscous GF
39. Healtheries Potato Stix
40. Helga's GF Sunflower & RedQuinoa
41. Honey Garlic & Soy stir fry
42. Mary's Gone Crackers Super Seed crackers
43. MasterFoods Coconut ChickenCurry base
44. MasterFoods Thai Green Curry base
45. Mother Earth Fruit Sticks Apple
46. Nando's Peri-Peri Sauce
47. Nature Valley Maple Crunch
48. Natures Way GREENS +
49. Nu-Vit GF Licorice
50. OLD ELPASO Taco Shells (plain)
51. Schar Maria GF plain biscuits
52. Simply Hummus Chips sea salt
53. Simply Wize GF Gnocchi
54. Sustagen Sport Chocolate
55. Table of Plenty Rice Cakes Dark choc
56. White Wings Gravy Flour
57. Wholesome Falafel Chips

FoodFit Woolworth/Coles/Aldi List

Compatibility

includes standard list

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ALDI PRODUCTS

SNACKS

1. Belmont Choc Crème Wafers
2. Brookdale Creamed Rice
3. Damora Rice Cracker
4. Damora Wafer Crackers
5. Griffins Macaroon Biscuits
6. Hillcrest Fruity Filled Bars Apple/cinn
7. Hillcrest Oat Bars Apricot/Dark Choc
8. Palazzo Milk Choc Cookies
9. The Cake Stall Choc Chip muffins

BREADS

10. Bakers Life Sourdough Bread
11. Bakers Life Super Soft white bread
12. Bakers Life white sandwich bread
13. FRESH pizza bases
14. HAS NO G F White bread
15. Karnig 14 Seeds & Grains Bread
16. Bakers life Turkish Bread
17. Bakers Life Croissants

BATH, KITCHEN, LAUNDRY

18. Dentitex Total Care toothpaste
19. Head Strong for men 2 in 1 sham/cond
20. Head Strong Shampoo & Conditioner
21. Kids Funtime 3in1 Shampoo Condit Body Wash
22. Laundrite Laundry Liquid
23. OMBRA sunscreen lotion
24. Original Source Moisturising Shower wash
25. PRO Multi Purp[ose Cleaner Lemon
26. Tricare Hand Sanitiser
27. Trimat Laundry powder
28. Unamat Dish Liquid
29. PRO Bath and Shower Cleaner
30. Dentitex Ultra Fresh Mouthwash

CHOCOLATES

31. Chocolate Choceur Milk
32. Chocolate Choceur White
33. Chocolate Moser Roth Dark/Sea Salt
34. Chocolate Moser Roth Milk

OTHER FOODS

35. Farmdale Organic Tomato Paste
36. LACFREE milk
37. Farmdale Pouring Custard
38. Farmwood Chicken Nugget
39. Egg Fetticcine
40. Ocean Royal Fish Finger
41. Elimsberg Party Pie
42. Simplee 2 min Noodles Chicken
43. HAS NO Almond & Vanilla Muesli
44. ORGANIC Muesli Clusters
45. Colway CREAMY Mayonnaise
46. Grandessa Apricot Jam
47. Grandessa Blackcurrent Jam
48. Colway Tomato Sauce
49. Colway Barbeque Sauce
50. Corale Baked Beans
51. Berg cocktail Frankfurts
52. Ocean Royal Fish Fillets
53. Cuisine Pizza slices Hawaiian
54. Elmsbury Sausage Rolls
55. Farmwood Chicken Schnitzel
56. Seasons Pride Beer Batter Fries
57. Streets Vanilla Icecream
58. Inner Goodness Rice supreme milk
59. Inner Goodness Coconut Milk
60. ASIA Green Curry Paste
61. Portview Sardines in Tom Sauce
62. GoldenVale Muesli
63. DAMORA Thin Rice Cakes
64. ORGANIC Toasted Muesli
65. Just Organic Milk Chocolate
66. Just Organic Dark Chocolate
67. Just Organic Tomato Paste
68. Farmdale Caramel Pour
69. Luv-a-Duck Whole Duck frozen
70. Monaco Utopia Minis Mixed